



MAHATMA GANDHI INSTITUTE OF MEDICAL SCIENCES, SEVAGRAM

Workshop on CME on Rheumatology

Title and theme	:	CME on Rheumatology
Date	:	28 Mar 2022
Organizing Secretary	:	Dr Bharti Taksande
Number of delegates	:	120
Key topics	:	Approach to arthritis, Immunopathogenesis and Dermatological manifestation with Clinical trial networks in Rheumatology
Key resource persons	:	Dr Pooja Sharma, Dr Rajeev Gupta, Mr Kuldip, Mr Abhinav, Mr Bincy Abraham
Funding agencies	:	BIRAC & NBM
Credit points from MMC and registration number:	:	MMC/MAC/2022/C-015321 dated 28/03/2022

REPORT

Rheumatology is the science of rheumatic diseases, affecting articulo-periarticulo-muscular structures (loco-motor system) and other connective tissues of the human body (systemic diseases), characterised by pain, swelling, stiffness and limitation in the joints, with other systemic symptoms and signs. There are a large number of rheumatic diseases or arthritis, little over 100 in number, known from ancient times all over the world.

As it is one of the most rapidly evolving and growing branches in medicine, knowledge about rheumatology and related diseases is inevitable for a physician. Considering its significance, Department of Medicine MGIMS, Sevagram, organised a CME on Rheumatology on 28th March 2022. It was organised by Dr Bharati Taksande, professor of medicine Mgims Sevagram.

The event was organised in SN Hall, MGIMS, Sevagram .The guest speaker for the event was Dr Rajiv Gupta. He is current head of Medanta's Division of Rheumatology and Clinical Immunology. Dr. Rajiv Gupta completed his higher training in the UK where he became a member of Royal College of Physicians. He has completed his senior residency in rheumatology & clinical immunology from All India Institute of Medical Sciences, New Delhi and MD in Internal Medicine from Maulana Azad Medical College, Delhi. He is also a fellow of Royal College of Physicians in Glasgow and Edinburgh respectively and has been a highly respected member of over 15 international and national medical associations and forums. The programme started with Dr Rajeev Gupta's talk on approach to arthritis. He has explained right from the basics of rheumatology to the most modern treatment options. It was followed by open discussion of cases of autoimmune diseases with Dr Shivani Shukla, and Dr Saiprasath, Junior residents from medicine to Dr Rajeev Gupta. The case discussion was very much informative for the whole audience. Residents from Dermatology also presented a case of systemic scleroderma to Dr Rajeev. We all got to know small little things which we miss in a diagnosis and how to differentiate various autoimmune diseases from each other if they have overlapping clinical features.

It was followed by an enlightening talk by Dr Nitin Gangane, Dean of MGIMS and an eminent pathologist, on immunopathogenesis in Rheumatology. It was followed by Lunch. Post lunch sessions began with Dr Sumit Kar, Head of dermatology department of MGIMS, on dermatological manifestations in rheumatology.

It was followed by Dr Pooja Sharma's speech on clinical trials in rheumatology. At last but not the least, Dr C.M. Badole sir, professor and head of department of Orthopedics talked about surgical options in management of rheumatoid arthritis.

The event was a big success as it gave the residents as well as the faculty an opportunity to learn from the most experienced teachers. More over , presence of Dr OP Gupta and Dr A P Jain, Emeritus professors of medicine in MGIMS, Dr Jyoti Jain, Head of Department of Medicine, MGIMS was a cherry on the cake.

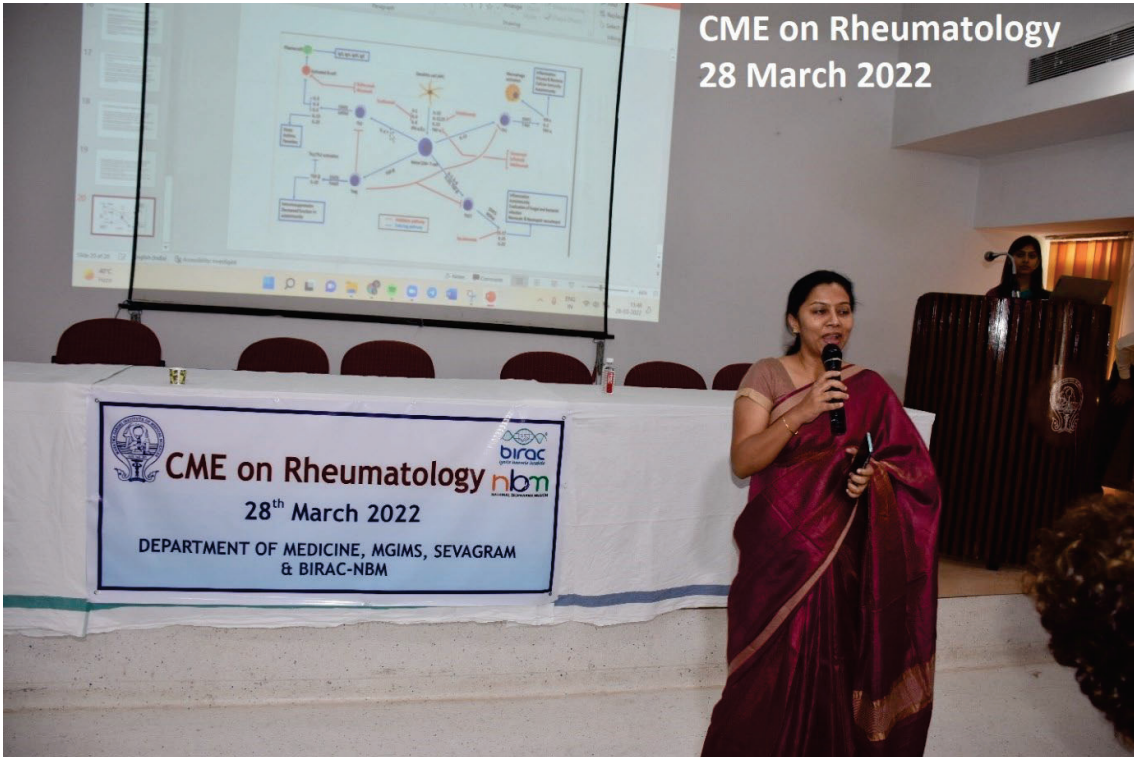
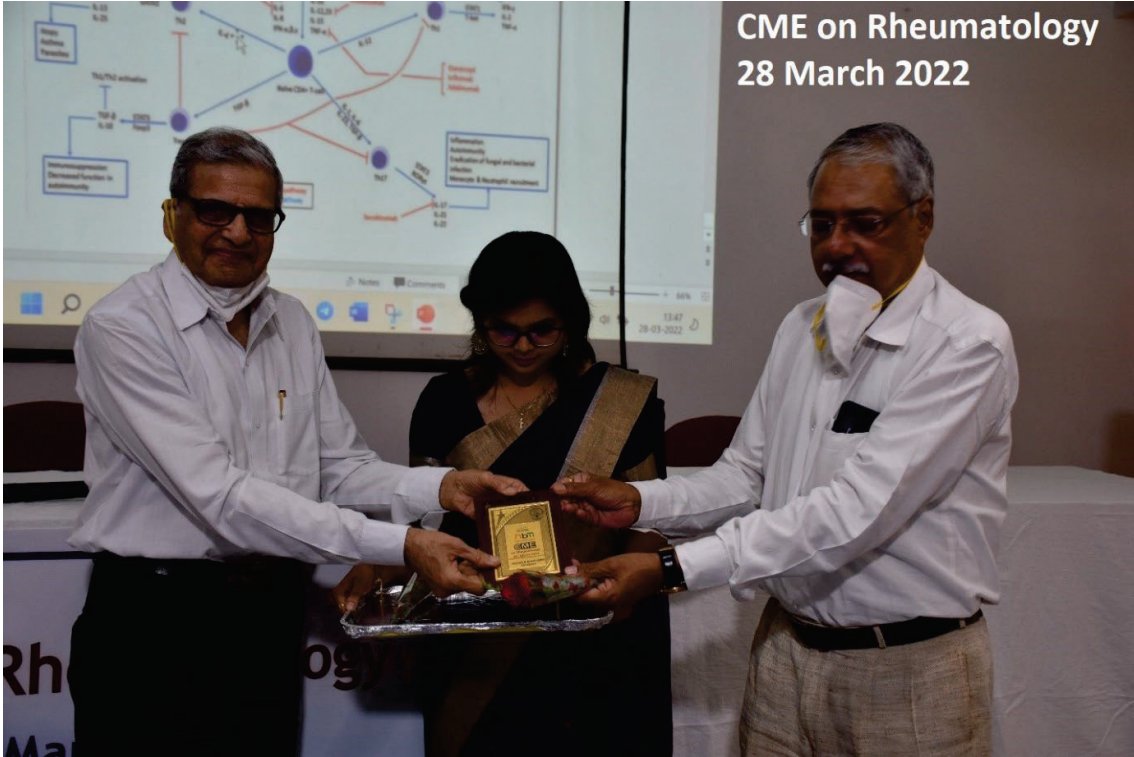




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